

## Being In the Flow helps you:

- Attract new opportunities, jobs and clients
- Improve your relationships (romantic and otherwise)
- Feel more peaceful and calmer (no matter what is going on around you)
- Deal with "challenges" with more ease (like a bump in the road vs a roller coaster turn)
- Experience increased abundance
- Bring HARMONY to all areas of your life!

## What is FLOW?

### Kim defines FLOW as...

- ❖ A state of \_\_\_\_\_ so even in the midst of chaos you feel calm and peaceful
- ❖ Knowing you are completely \_\_\_\_\_ no matter what happens in your life
- ❖ Feeling \_\_\_\_\_ to yourself, your environment, to those around you & Divine
- ❖ Living with \_\_\_\_\_
- ❖ \_\_\_\_\_ to your flow
- ❖ \_\_\_\_\_ with little or no effort, as if by magic

## The 9 Secrets for Finding Your Flow

1. **Laying the Groundwork** – See Video #1 for more <https://vimeo.com/725431945/42c0ed485c>
2. **Defining Your Dreams** – See Video #2 for more: <https://vimeo.com/725485174/182aa1f1a5>
3. **Removing the Static**
4. **Tuning Into Guidance** – See Video #3 for more: <https://vimeo.com/725530597/a6f95a7b9f>

5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_

## How I can help you find your FLOW

My **Love Your Life** program is open for Enrollment but no one gets in without talking to me so schedule your 1:1 Discovery Session today! ↓

<https://findingyourfiji.as.me/LoveLifeStrategySession>

If all my sessions are booked or you can't make one of the open timeslots, please email me at: [Kim@FindingYourFiji.com](mailto:Kim@FindingYourFiji.com)

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## Love Your Life Discovery Session

I can help you move forward in the perfect direction for you! Now is the time to take advantage of the opportunity to shift your life. Yes, it is all possible and more than that, it's easier than you think!

**Let's chat!** Schedule your [Love Your Life Discovery Session](#) and when we talk I'll help you clearly see:

- Where you are now
- What you want
- What's keeping you from creating a life you absolutely love!

Then you'll learn more about how the Love Your Life program can help you with your specific life challenges to stop procrastinating and start taking action with clarity and confidence to create a life where you feel content, inspired and motivated!

By the end of the call, we'll be able to determine if the program is good fit for you.

## Meditation

The #1 Most Practical & Immediate Action You Can Take to Shift into your FLOW state is by Clearing Your Energy. This guided meditation can be used daily or as often as you need to help you clear your energy field and open you up to more flow in your life.

NOTE: **Watch Masterclass to the end to receive the download link!**